



| Central Asian Championships May 2. 2024 |       |                      |            |     |       |       |       |
|-----------------------------------------|-------|----------------------|------------|-----|-------|-------|-------|
|                                         | BW/BH | Name                 | Country    | No  |       | Plase | Score |
| <b>Men's Physique Up to 173 cm</b>      |       |                      |            | 4   |       |       |       |
| 1                                       | 169   | Eduard Konakbayev    | Kazakhstan | 127 | Final | 1     | 4     |
| 2                                       | 173   | Vadim Komissarov     | Kazakhstan | 130 | Final | 4     | 11    |
| 3                                       | 171   | Aidos Ishangaliyev   | Kazakhstan | 246 | Final | 2     | 5     |
| 4                                       | 170,7 | Magamed Bairamov     | Kazakhstan | 311 | Final | 3     | 10    |
| <b>Men's Physique Up to 179 cm</b>      |       |                      |            | 8   |       |       |       |
| 1                                       | 179   | Alimzhan Nurgazin    | Kazakhstan | 121 | Final | 5     | 16    |
| 2                                       | 176   | Rinat Munzafarov     | Kazakhstan | 132 | Final | 3     | 9     |
| 3                                       | 174   | Aslan Batyrgaliyev   | Kazakhstan | 140 | Final | 6     | 17    |
| 4                                       | 176,7 | Obaidulla Ibraimi    | Kazakhstan | 149 | Final | 2     | 6     |
| 5                                       | 175   | Rinat Sityamov       | Kazakhstan | 156 | Final | 4     | 12    |
| 6                                       | 179   | Sergey Tsykunov      | Kazakhstan | 219 | 0     | 7     | 22    |
| 7                                       | 175   | Arman Abubakirov     | Kazakhstan | 335 | 0     | 8     | 23    |
| 8                                       | 175   | Rustem Tangibergen   | Kazakhstan | 350 | Final | 1     | 3     |
| <b>Bodyblding Up to 85 kg</b>           |       |                      |            | 5   |       |       |       |
| 1                                       | 84,5  | Ilgiz Ibragimov      | Kazakhstan | 159 | Final | 4     | 11    |
| 2                                       | 83    | Ruslan Nurmagambetov | Kazakhstan | 216 | Final | 1     | 3     |
| 3                                       | 84,4  | Nikolay Nyulkin      | Kazakhstan | 291 | Final | 2     | 6     |
| 4                                       | 78,6  | Bakytzhan Ismailov   | Kazakhstan | 307 | Final | 3     | 10    |
| 5                                       | 83,4  | Rustam Dauletbayev   | Kazakhstan | 348 | Final | 5     | 15    |
| <b>Mens Bodyblding Over 85 kg</b>       |       |                      |            | 5   |       |       |       |
| 1                                       | 90    | Boris Shevchenko     | Kazakhstan | 111 | Final | 3     | 9     |
| 2                                       | 86,9  | Andrey Sapozhnikov   | Kazakhstan | 196 | Final | 1     | 3     |
| 3                                       | 106,2 | Valeriy Kampov       | Kazakhstan | 244 | Final | 2     | 9     |
| 4                                       | 97,6  | Yevgeniy Shiparev    | Kazakhstan | 262 | Final | 5     | 13    |
| 5                                       | 89,1  | Vladimir Kozlov      | Kazakhstan | 300 | Final | 4     | 10    |
| <b>Women's Bodyfitness Open</b>         |       |                      |            | 4   |       |       |       |
| 1                                       | 167,5 | Anastassiya Antonuyk | Kazakhstan | 126 | Final | 3     | 9     |
| 2                                       | 164   | Olessya Lyu-Si-Gun   | Kazakhstan | 176 | Final | 4     | 12    |
| 3                                       | 161   | Nonna Sufranidze     | Kazakhstan | 185 | Final | 1     | 3     |
| 4                                       | 167   | Anastassia Silliman  | Kyrgyzstan | 247 | Final | 2     | 6     |
| <b>Men's Classic Bodybuilding Open</b>  |       |                      |            | 4   |       |       |       |
| 1                                       | 178   | Rauan Tugushev       | Kazakhstan | 104 | Final | 4     | 12    |
| 2                                       | 186   | Andrey Vtorushin     | Kazakhstan | 118 | Final | 1     | 4     |
| 3                                       | 188   | Viktor Dadayev       | Kazakhstan | 215 | Final | 2     | 5     |
| 4                                       | 179   | Alexandr Porunov     | Kazakhstan | 227 | Final | 3     | 9     |

| Men's Classic Physique Open |       |                        |            |     |       |    | 3  |
|-----------------------------|-------|------------------------|------------|-----|-------|----|----|
| 1                           | 173   | Alibek Nurkhaidarov    | Kazakhstan | 195 | Final | 2  | 7  |
| 2                           | 181   | Daulet Mukashev        | Kazakhstan | 199 | Final | 3  | 8  |
| 3                           | 175   | Ruslan Nurmagambetov   | Kazakhstan | 216 | Final | 1  | 3  |
| Women's Fit Model Open      |       |                        |            |     |       |    | 4  |
| 1                           | 163   | Olga Nimendryuk        | Kazakhstan | 123 | Final | 3  | 18 |
| 2                           | 166   | Tomiris Turebekova     | Kazakhstan | 153 | Final | 1  | 7  |
| 3                           | 159   | Zauresh Seitesheva     | Kazakhstan | 164 | Final | 4  | 24 |
| 4                           | 171   | Синделеева Вероника    | Kazakhstan | 289 | Final | 2  | 11 |
| Women's Wellness Open       |       |                        |            |     |       |    | 5  |
| 1                           | 158,5 | Angelina Porunova      | Kazakhstan | 142 | Final | 1  | 3  |
| 2                           | 167   | Ainur Sagatbek         | Kazakhstan | 172 | Final | 3  | 9  |
| 3                           | 158   | Galina Steingauyer     | Kazakhstan | 189 | Final | 5  | 15 |
| 4                           | 168,5 | Yuliya Porunova        | Kazakhstan | 248 | Final | 2  | 6  |
| 5                           | 173   | Tamara Sanina          | Kazakhstan | 277 | Final | 4  | 12 |
| Women's Bikini Up To 160 cm |       |                        |            |     |       |    | 10 |
| 1                           | 159,1 | Marina Korsanina       | Kazakhstan | 122 | Final | 3  | 12 |
| 2                           | 157   | Taliia Esekenova       | Kazakhstan | 135 | 0     | 9  | 27 |
| 3                           | 156   | Olga Zotkina           | Kazakhstan | 151 | Final | 6  | 16 |
| 4                           | 158   | Nataliya Stoilova      | Kazakhstan | 155 | Final | 2  | 6  |
| 5                           | 158   | Yelizaveta Klimashina  | Kazakhstan | 158 | 0     | 8  | 26 |
| 6                           | 160   | Anastassiya Orlova     | Kazakhstan | 160 | 0     | 10 | 29 |
| 7                           | 159   | Anastassiya Kuzmina    | Kazakhstan | 162 | Final | 5  | 13 |
| 8                           | 160   | Irina Venzel           | Kazakhstan | 165 | Final | 4  | 12 |
| 9                           | 153   | Tattigul Yessenova     | Kazakhstan | 171 | 0     | 7  | 22 |
| 10                          | 160   | Yekaterina Beresneva   | Kazakhstan | 183 | Final | 1  | 3  |
| Women's Bikini Up To 166 cm |       |                        |            |     |       |    | 8  |
| 1                           | 162   | Assel Badina           | Kazakhstan | 103 | 0     | 8  | 23 |
| 2                           | 162   | Kristina Arskaya       | Kazakhstan | 141 | Final | 5  | 17 |
| 3                           | 161   | Nazdul Zhussupova      | Kazakhstan | 148 | Final | 6  | 19 |
| 4                           | 162   | Viktiriya Farafonova   | Kazakhstan | 168 | Final | 4  | 15 |
| 5                           | 164,6 | Malika Ibraimi         | Kazakhstan | 179 | Final | 1  | 5  |
| 6                           | 166   | Karina Bibik           | Kazakhstan | 233 | Final | 2  | 6  |
| 7                           | 163   | Alena Bukhantsova      | Kazakhstan | 330 | Final | 3  | 8  |
| 8                           | 162   | Yuliya Sapoznikova     | Kazakhstan | 169 | 0     | 7  | 20 |
| Women's Bikini Up To 169 cm |       |                        |            |     |       |    | 5  |
| 1                           | 167   | Veronika Shaprova      | Kazakhstan | 120 | Final | 1  | 4  |
| 2                           | 166,5 | Olga Shaposhnikova     | Kazakhstan | 167 | Final | 2  | 5  |
| 3                           | 169   | Davydova Tatyana       | Kazakhstan | 170 | Final | 4  | 13 |
| 4                           | 168,8 | Elena Bysenko          | Kazakhstan | 234 | Final | 5  | 13 |
| 5                           | 169   | Yelena Polezhayeva     | Kazakhstan | 238 | Final | 3  | 11 |
| Women's Bikini Over 169 cm  |       |                        |            |     |       |    | 5  |
| 1                           | 170   | Diana Iglikova         | Kazakhstan | 161 | Final | 5  | 15 |
| 2                           | 170   | Elena Artiukhova       | Kazakhstan | 163 | Final | 2  | 7  |
| 3                           | 171   | Madina Atusheva        | Kazakhstan | 178 | Final | 3  | 8  |
| 4                           | 176   | Anastassiya Zhdanovich | Kazakhstan | 191 | Final | 1  | 3  |
| 5                           | 175   | Assiya Akimbekova      | Kazakhstan | 278 | Final | 4  | 12 |
| Men's Physique Over 179 cm  |       |                        |            |     |       |    | 5  |
| 1                           | 180   | Nikolay Goncharenko    | Kazakhstan | 113 | Final | 1  | 3  |
| 2                           | 186   | Yevgeniy Kolyuka       | Kazakhstan | 117 | Final | 3  | 9  |
| 3                           | 190,2 | Nurzhan Nurakhimzhan   | Kazakhstan | 255 | Final | 2  | 9  |
| 4                           | 181   | Nurlan Junsaliyev      | Kazakhstan | 306 | Final | 4  | 10 |
| 5                           | 181   | Iliya Rutsikikh        | Kyrgyzstan | 320 | Final | 5  | 14 |

| Men's Physique Overall       |       |                        |            |     |       |   |    |
|------------------------------|-------|------------------------|------------|-----|-------|---|----|
|                              |       |                        |            | 3   |       |   |    |
| 1                            | 180   | Nikolay Goncharenko    | Kazakhstan | 113 | Final | 2 | 6  |
| 2                            | 169   | Eduard Konakbayev      | Kazakhstan | 127 | Final | 1 | 3  |
| 3                            | 175   | Rustem Tangibergen     | Kazakhstan | 350 | Final | 3 | 8  |
| Women's Bikini Overall       |       |                        |            |     |       |   |    |
|                              |       |                        |            | 4   |       |   |    |
| 1                            | 167   | Veronika Shaprova      | Kazakhstan | 120 | Final | 3 | 9  |
| 2                            | 164,6 | Malika Ibraimi         | Kazakhstan | 179 | Final | 4 | 12 |
| 3                            | 160   | Yekaterina Beresneva   | Kazakhstan | 183 | Final | 1 | 3  |
| 4                            | 176   | Anastassiya Zhdanovich | Kazakhstan | 191 | Final | 2 | 6  |
| Men's Bodybuilding Overall   |       |                        |            |     |       |   |    |
|                              |       |                        |            | 2   |       |   |    |
| 1                            | 86,9  | Andrey Sapozhnikov     | Kazakhstan | 196 | Final | 1 | 3  |
| 2                            | 83    | Ruslan Nurmagambetov   | Kazakhstan | 216 | Final | 2 | 6  |
| Muscular men's physique Open |       |                        |            |     |       |   |    |
|                              |       |                        |            | 9   |       |   |    |
| 1                            | 174   | Dastan Nauryz          | Kazakhstan | 112 | Final | 1 | 3  |
| 2                            | 178,4 | Dmitriy Lidonov        | Kazakhstan | 125 | Final | 3 | 8  |
| 3                            | 176,1 | Roman Ferapontov       | Kazakhstan | 173 | Final | 5 | 15 |
| 4                            | 195,5 | Maxim Bakulin          | Kazakhstan | 211 | Final | 4 | 13 |
| 5                            | 184   | Yevgeniy Vlassov       | Kazakhstan | 212 | 0     | 7 | 22 |
| 6                            | 180   | Arkadiy Chervov        | Kazakhstan | 296 | 0     | 9 | 24 |
| 7                            | 177   | Nurzhaubek Bauk        | Kazakhstan | 305 | 0     | 8 | 24 |
| 8                            | 178   | Abdimalik Abdinabiyev  | Kazakhstan | 327 | Final | 6 | 16 |
| 9                            | 168   | Raiymbek Danagul       | Kazakhstan | 340 | Final | 2 | 7  |

